

Educational Videos for Pain Management



**Preventing and
Relieving Back Pain**



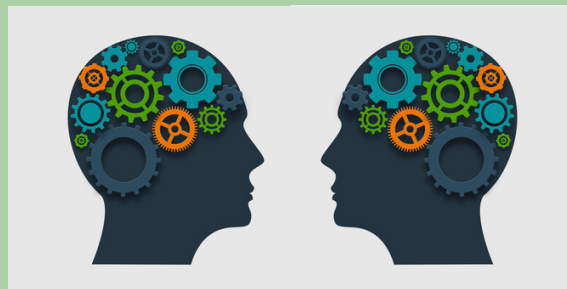
**Pain Medication
Safety**



**Ways to Manage
Chronic Pain**



**Additional Therapies to
Help Manage Pain**



**Pain Neuroscience
Education 101**





Pain Assessment and
Management Initiative

**For more resources visit our website
pami.emergency.med.jax.ufl.edu**

Contact us

Phone: 904-244-4986

Email: pami@jax.ufl.edu

Website: pami.emergency.med.jax.ufl.edu

Search us using:
[@ufpami](#)

