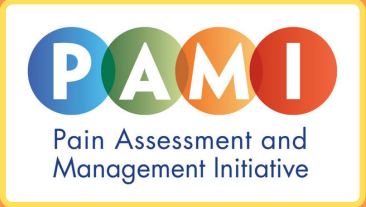
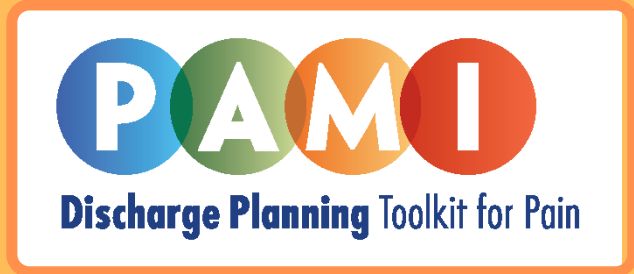




**CALL YOUR DENTIST OR RETURN TO THE EMERGENCY DEPARTMENT IF YOU EXPERIENCE ANY OF THE FOLLOWING:**

- Change in voice
- Trouble breathing or swallowing
- Fever greater than 100.4 F
- Increased swelling or redness around your teeth, gums, cheeks, or face
- Foul tasting discharge in your mouth
- Continued bleeding of gums or teeth
- Inability to open your mouth
- Sharp pain when biting down

Pharmacies with Free or Reduced Price Antibiotics		
Medication Name	Publix	Winn-Dixie
Amoxicillin	FREE	\$4
Ampicillin	FREE	N/A
Penicillin VK	FREE	\$4



**CONTACT US**

For more information on PAMI visit:  
[pami.emergency.med.jax.ufl.edu/](http://pami.emergency.med.jax.ufl.edu/)  
 Email: [emresearch@jax.ufl.edu](mailto:emresearch@jax.ufl.edu)  
 or scan the QR Code



**DENTAL PAIN**

## CAUSES OF TOOTH PAIN

Common dental problems that may result in tooth pain include:

- Cavities
- Infection of the gums, teeth, or sinuses
- Sensitive teeth or gums
- Gum disease or gingivitis
- Trauma, fracture, or bruising of the teeth
- Wisdom teeth complications or impaction
- Recent dental procedures, such as fillings or crowns

Toothaches may be a sign of health problems from another location in the body such as:

- Trigeminal neuralgia or nerve pain
- Ear problems or infections
- Temporomandibular joint syndrome
- Sinus problems or infections
- Heart disease, angina, or a heart attack



## TREATING TOOTH PAIN

### EMERGENCY DEPARTMENT

If you received a numbing injection to help decrease your pain:

- Expect the numbness to last a few hours
- It may affect your ability to talk and eat normally
- Eat liquids & soft foods until the numbness is gone to avoid biting your tongue or lips

### AT HOME MANAGEMENT

The following self-care tips may help reduce your tooth pain:

- Apply a cold compress outside of your cheek
- Rinse your mouth with warm water
- Consider an over-the-counter (OTC) pain reliever such as acetaminophen (tylenol), ibuprofen (motrin), or naproxen (Aleve)
- Do not take antibiotics or pain medications that have not been prescribed for you specifically
- Avoid eating extremely hot, cold, or sticky foods/liquids



## MANAGING YOUR MEDICATIONS SAFELY

Many of the medications used to treat tooth pain can interact with medications you are already taking, or may worsen your other health conditions. Tell your doctor if you have kidney, liver, heart, or stomach problems.

Some pain medications can be purchased without a prescription, but it is important to talk with your pharmacist or healthcare provider before taking them.

Take all medications as instructed to avoid overdose and injury.

If your provider prescribes you an opioid medication to treat your pain:

- Never exceed the prescribed dose
- Do not drink alcohol, or take other medications that cause sleepiness such as medicine for anxiety, sleep, muscle spasms, or nerve pain
- Do not drive, or do activities that require your full attention

Opioids commonly cause constipation, if this occurs contact your provider or pharmacist.

# How Do I Find A Dentist in Jacksonville, Florida?

## Free or Low Cost Dental Services for Children

### Near UFHealth Jacksonville and Downtown

1. *Children's Dental Center at North Point - Duval County Health Dept*  
3416 Moncrief Road, Jacksonville, FL, 32209  
Phone: 904-253-1783
2. *Agape/West Jacksonville Health Center*  
120 King Street, Jacksonville, FL, 32204  
Phone: 904-760-4904
3. *Duval County Health Department - Dental Administration*  
\*Must talk to financial evaluation and then sets up appointment\*  
515 West 6th Street , Jacksonville, FL, 32206  
Phone: 904-253-1360

### University Blvd and Beach Blvd

1. *Agape / South Jacksonville Health Center*  
3225 University Boulevard Suite 101, Jacksonville, FL, 32216  
Phone: 904-253-1100
2. *South Jax Dental Clinic*  
3225 University Blvd S, Suite 200, Jacksonville, FL 32216  
Phone: 904-253-1240

### Timuquana Road and Roosevelt Blvd Area

1. *Agape/Wesconnett Health Center*  
5150 Timuquana Road, suite 9, Jacksonville, FL, 32210  
Phone: 904-253-1120
2. *Community Health Outreach, Healing Hands Medical And Dental Ministry Jacksonville* \*Free dental services by appointment only\*  
5126 Timuquana Road , Jacksonville, FL 32210  
Phone: 904-573-1333 or 904-777-4228

### Northside Area

1. *Duval County Health Department - Dental Administration*  
3416 Moncrief Rd, Jacksonville, FL 32209  
Phone: 904-253-1360

## Free or Low Cost Dental Services for Adults

### Near UF Health Jacksonville and Downtown

1. *Trinity Rescue Mission*  
\*Dental services for rescue mission clients only\*  
622 West Union St. Jacksonville, FL 32202  
Phone: 904-355-1205
2. *Sulzbacher Dental Clinics*  
611 East Adams Street Jacksonville, FL 32202  
Phone: 904-394-8060
3. *City Rescue Mission*  
\*Dental services for rescue mission clients only\*  
426 McDuff Ave S, Jacksonville, FL 32254  
Phone: 904-387-4357

### Northside Area

1. *Florida State College at Jacksonville*  
\*Teeth cleaning only, call ahead for waitlist\*  
4501 Capper road, Jacksonville, Florida, 32218  
Phone: 904-766-6571
2. *Jax Emergency Dental Clinic*  
1840 Dunn Avenue Suite 3, Jacksonville, FL 32218  
Phone: 904-224-0046
3. *Duval County Health Department - Dental Administration*  
\*Must talk to financial evaluation and then set-up appointment.  
3416 Moncrief Rd, Jacksonville, FL 32209  
Phone: 904-253-1783

### San Marco Area

1. *Florida Baptist Mobile Dental*  
\*For schedule of times and mobile clinic locations visit website\*  
1230 Hendricks Ave Jacksonville, FL 32207  
Phone: 800-226-8584  
Website: <http://flbaptist.org/florida-baptist-mobile-dental-ministry/>

### Timuquana Road and NAS JAX/Roosevelt Blvd Area

1. *Duval County Health Department - Dental Administration*  
\*Must talk to financial evaluation and then set-up appointment\*  
5150 suite 9 Timuquana Road, Jacksonville, FL 32210  
Phone: 904-253-1120

### Jacksonville Beach Area

1. *Sulzbacher Dental Clinic*  
850 6th Avenue S, Suite 500, Jacksonville Beach, FL 32250  
Phone: 904-224-3550